

## Sensory ball, size 8 cm, color yellow

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Product code: SR00374



It is used for relaxation exercises, reduce tensions caused by the presence of trigger points. Regular exercise using sensory balls have a positive impact on the strength of the hands and feet, as well as improving coordination, flexibility and dexterity.

Balls come in 5 colors:

- orange 6 cm
- green 7 cm
- yellow 8 cm
- red 9 cm
- blue 10 cm