

## Sensory ball, size 9 cm, red

**Price inquiry:** +48 605999769, [kontakt@openmedis.pl](mailto:kontakt@openmedis.pl)

Product code: SR00372



It is used for relaxation exercises, reduce tensions caused by the presence of trigger points. Regular exercise using sensory balls have a positive impact on the strength of the hands and feet, as well as improving coordination, flexibility and dexterity.

Balls come in 5 colors:

- orange 6 cm
- green 7 cm
- yellow 8 cm
- red 9 cm
- blue 10 cm