

## Medicine ball Mambo SoftMed 1.5 kg, red

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Product code: SR00220



This handy little ball is used to exercise hands and arms. It is used as an additional load during training and rehabilitation.

**Balls come in four different colors depicting the importance of:**

- beige 0.5 kg,
- yellow 1kg,
- red 1.5 kg,
- green 2 kg,