

Airex gymnastic mat PILATES 190x60x0,8

Price inquiry: +48 605999769, kontakt@openmedis.pl

Product code: SR00111



The AIREX® Pilates 190 with a thickness of just 8 mm is the thinnest mat in our product range. Nevertheless it is also soft and provides support, which helps avoid straining the joints in the feet and the wrists. It is also firmer, which means it provides better support during challenging Pilates exercises. It is less stretchy and more slip-resistant than the other mats.

Expert opinions from Pilates practioners and trainers were incorporated in the development of this special mat, along with the latest trends in foam production. The mats are very lightweight, easy to roll up and unroll, lie flat on the floor immediately after unrolling with no corners sticking up, and are equipped with antimicrobial hygiene protection. The length of 190 cm offers adequate space for training, while the soft hues ensure harmony and equilibrium.

Dimensions: Approx. 74.8" \times 23.6" \times 0.3"

Weight: Approx. 3.1 lbs **Colors**: Violet, black