

## Roller Mambo Max 3-in-1 Foam, 3-piece roller

**Price inquiry:** +48 605999769, [kontakt@openmedis.pl](mailto:kontakt@openmedis.pl)

Product code: SR01518



It combines three different rollers made of foam. The outer part, thanks to the flat surface, is perfect for superficial massage. The second part has grooves that are ideal for massaging deeper muscles and trigger points. However, with the help of the third stick, we can influence blood circulation and muscle regeneration. Thanks to the roller, the exerciser can make movements in every plane, which relaxes his muscles.

## **Roller Mambo Max Ergonomic Foam, ergonomic, with insets**

**Price inquiry:** +48 605999769, [kontakt@openmedis.pl](mailto:kontakt@openmedis.pl)

Product code: WG03255



It is an ergonomic roller for exercising with insets. Thanks to exercises with a roller, you will relax tense muscles and trigger points. The central, convex part of the product reduces the pressure on the spine.

## Roller Mambo Max Hollow Foam

**Price inquiry:** +48 605999769, [kontakt@openmedis.pl](mailto:kontakt@openmedis.pl)

Product code: WG03254



The roller is intended for deep muscle exercises and trigger point therapy. It helps to get rid of long-term pain by replacing the therapist's hands. Thanks to the roller you will be able to relax tense muscles.

Size: 33 x 14 cm



## **Roller Mambo Max Spiky Foam Roller, ergonomic, with tabs**

**Price inquiry:** +48 605999769, [kontakt@openmedis.pl](mailto:kontakt@openmedis.pl)

Product code: WG03256



Roller Mambo Max Spiky Foam Roller, ergonomic, with tabs

## Mambo Pilates Foam Roller 45 x 15 cm

**Price inquiry:** +48 605999769, [kontakt@openmedis.pl](mailto:kontakt@openmedis.pl)

Product code: WG03253



It is a device that allows you to diversify the exercises performed on the mat. It increases the level of difficulty of exercises, supports coordination and stabilization. It is a great tool for rehabilitation. It is perfect for both home and gym exercises.

The Mambo Pilates Foam Roller comes in two sizes: 90 x 15 cm, 45 x 15 cm.

## Mambo Pilates Foam Roller 90 x 15 cm

**Price inquiry:** +48 605999769, [kontakt@openmedis.pl](mailto:kontakt@openmedis.pl)

Product code: WG03252



It is a device that allows you to diversify the exercises performed on the mat. It increases the level of difficulty of exercises, supports coordination and stabilization. It is a great tool for rehabilitation. It is perfect for both home and gym exercises.

The Mambo Pilates Foam Roller comes in two sizes: 90 x 15 cm, 45 x 15 cm.